

AMITYVILLE PUBLIC LIBRARY

PROGRAM RELEASE FORM

Program: Beginners Evening Yoga (July to December 2025)
Chair Yoga (July to December 2025)
Intermediate Line Dancing (July to December 2025)
Latin Mix Dancing (July to December 2025)
Morning Hatha Yoga (July to December 2025)
Qigong (July to December 2025)
Zumba (July to December 2025)

In consideration of being allowed to participate in one or more of the above listed programs, I do hereby waive, release and forever discharge Amityville Public Library and its officers, agents, employees, representatives and all others from any and all responsibilities of liability from injuries or damages resulting from my participation in these programs.

I acknowledge that this waiver form serves as the Library's recommendation that a physician's approval be obtained prior to participating in activities or exercise programs.

I have decided to participate in these programs and hereby assume all responsibility for my participation and activities.

I acknowledge that I will not be permitted to participate in any of the above listed programs without a signed waiver form.

I have read and voluntarily sign this release and waiver of liability and indemnity agreement.

Print Name _____

Signature _____

Date _____